



## The Fat Cow Food Co.

Breakfast served from 7:30 – 11:30am

**Toast**, *Zeally Bay Organic* Sourdough, seasonal jam \$7

**Maple & Coconut toasted Granola**, poached fruit, *Schulz Organic* yoghurt \$12.5

**Breaky Roll**, fried egg, bacon, tomato, baby cos & chutney on a seeded sourdough bun \$12

**Eggs your way**, *Zeally Bay* sourdough toast \$10.5

**French Toast**, caramelised pear, berries, almonds, maple, *Timboon* Apple Pie ice-cream \$17.5

**Potato Rosti**, poached eggs, rocket, fresh tomato, avocado, pesto salsa **V GF** \$18.5

**Sweet Corn Fritters**, bacon, poached egg, avocado, mixed leaves, tomato chilli jam **GF** \$20

**Breakfast Taco**, Southern Braised Pork, slaw, fried egg, *Sriracha* hot sauce, lime \$18.5

**Fat Cow Big Breakfast**, two eggs, free range bacon, pesto tomatoes, spinach, sautéed mushrooms, *Zeally Bay* sourdough toast \$21.5

**Sides** avocado, pesto tomatoes, sautéed mushrooms \$3.5 each

extra egg \$2 free range bacon (2 rashers) \$5

Where possible we use ingredients from local producers in our region.  
All of the eggs, pork and bacon used on our breakfast menu is free range



## The Fat Cow Food Co.

Lunch served from 12 – 3pm

**Soup of the Day** served with toasted sourdough \$12

**All Day Breaky Roll** fried egg, free range bacon, tomato, baby cos & chutney in a seeded sourdough bun \$12

**Fat Cow Pies** served with salad & chutney \$15.5    add hand cut chips \$3

**Falafel Wrap** s/w beetroot hummus, rocket salad, grains and tahini dressing **VEGAN** \$15

### **Sourdough Paninis**

Free range chicken breast, parmesan, cos lettuce, bacon and aioli \$12

Roasted pumpkin, pesto, oven dried tomato, caramelised onion, spinach **v** \$12

**Arancini Balls**, oven dried tomato, basil & mozzarella risotto balls s/w rocket, avocado, tomato & pesto salsa, aioli **v GF** \$16.5

**Moroccan Glazed Eggplant**, roasted pumpkin, quinoa, rocket, pomegranate, pistachio, seeds, fresh lemon **GF VEGAN** \$17.5

**Spanakopita**, spinach & feta tart s/w mixed salad and chutney **v** \$16.5

**Fat Taco**, Southern Braised Pork, slaw, charred corn, Sriracha hot sauce, lime \$18.5

**Beef Burger**, *Kangaroo* Beef pattie, baby cos, tomato, local cheddar, beetroot, chutney & dijon on a seeded sourdough bun \$15.5    add hand cut chips \$3

### **Extras**

**mixed salad** **GF** \$7.5

**hand cut chips** s/w aioli **GF** \$7.5

### **Daily Specials listed on the blackboard!**

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