



The Fat Cow Food Co.

Breakfast served from 7:30 – 11:30am

Toast, *Zeally Bay Organic* Sourdough, seasonal jam \$7

Maple & Coconut toasted Granola, poached fruit, *Schulz Organic* yoghurt \$12.5

Breaky Roll, fried egg, bacon, tomato, baby cos & chutney on a seeded sourdough bun \$12

Eggs your way, *Zeally Bay* sourdough toast \$10.5

French Toast, caramelised pear, berries, almonds, maple, *Timboon* Apple Pie ice-cream \$17.5

Potato Rosti, poached eggs, rocket & tomato, avocado, pesto salsa GF \$17.5

Zucchini & Haloumi Fritters, beetroot hummus, cherry tomato & mixed leaf salad, bacon, poached egg, fresh lemon GF \$18.5

Breakfast Taco, Southern Braised Pork, slaw, fried egg, Sriracha hot sauce, lime \$18.5

Fat Cow Big Breakfast, two eggs, free range bacon, pesto tomatoes, spinach, sautéed mushrooms, *Zeally Bay* sourdough toast \$19.5

Sides avocado, pesto tomatoes, sautéed mushrooms \$3.5 each

extra egg \$2 free range bacon (2 rashers) \$4.5

Where possible we use ingredients from local producers in our region.
All of the eggs and bacon used on our breakfast menu is free range.



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Lunch served from 12 – 3pm

Soup of the Day served with toasted sourdough \$12

All Day Breaky Roll fried egg, free range bacon, tomato, baby cos & chutney in a seeded sourdough bun \$12

Fat Cow Pies served with salad & chutney \$15.5 add hand cut chips \$3

Falafel Wrap s/w beetroot hummus, rocket salad, grains and tahini dressing \$15

Sourdough Paninis

Free range chicken breast, parmesan, cos lettuce, bacon and aioli \$12

Roasted pumpkin, pesto, oven dried tomato, caramelised onion, spinach \$12

Arancini Balls, oven dried tomato, basil & mozzarella risotto balls s/w rocket, avocado, tomato & pesto salsa GF \$16.5

Zucchini & Haloumi Fritters, roasted garlic labneh, cherry tomato & mixed leaf salad, fresh lemon GF \$16.5

Spanakopita, spinach & feta filo tart s/w mixed salad and chutney \$15.5

Fat Taco, Southern Braised Pork, slaw, charred corn, Sriracha hot sauce, lime \$16.5

Beef Burger, *Kangaroo* Beef pattie, baby cos, tomato, local cheddar, beetroot, chutney & dijon on a seeded sourdough bun \$15.5 add hand cut chips \$3

Extras

mixed salad GF \$7.5

hand cut chips s/w aioli GF \$7.5

Daily Special's listed on the blackboard.

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